

Barbara Stroud, Ph.D.
National ZERO TO THREE Graduate Fellow
California Endorsement –IFECMH 0-5 Mental Health Specialist
IFECME Reflective Practice Facilitator Mentor
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EDUCATION

9/87 - 11/92

Nova University, School of Psychology;
Fort Lauderdale, Florida.
Degree: Ph.D. Clinical Psychology with a specialty in
Applied Developmental Psychology.

9/82 - 5/86

University of the Pacific;
Stockton, California.
Degree: BA Psychology and Human Development.
Graduated Magna Cum Laude

EMPLOYMENT

10/06 – Present

Infant Mental Health Training Consultant
Barbara Stroud Training and Consultation
www.drbarbarastroud.com

Duties: Design and present original training curriculum to target the needs of contracting agencies; Provide reflective consultation to mental health service providers working with children facing multiple risk factors; Past and current contractors include: Los Angeles Department of Mental Health, Los Angeles Office of Education, Alameda County First 5, First 5 Contra Costa, State of Alaska Department of Health and Social Service, County of Santa Clara Mental Health Department, and WestEd

1/15 – Present

Faculty - UC Davis Extension; Napa Infant-Parent Mental Health Fellowship Program

2/14 – Present

Consultant to the CA Center –IFECMH Endorsement Reviewer – provide support to the CA Center leadership team, ongoing review of endorsee candidate, and assist in the design of content for the endorsement website

3/09 – Present

ZERO TO THREE National Training Institute Proposal Review Committee – participation in the blind review of scientific and clinically based workshop training

proposals for selection at a national conference

9/11 – 6/15

Consultant to the Alaska Infant Learning Program: a *Division of the Alaska Department of Health and Social Services*; Anchorage, AK – providing reflective consultation support to state level staff in the practice and implementation of reflective practice strategies across all Part C –Infant Learning Program staff

4/09 – 12/14

Faculty, University of Massachusetts Boston Infant-Parent Mental Health Post-Graduate Certificate Program; Napa, CA

9/08 – 12/10

Community Training Manager
Child Development Institute; Woodland Hills, CA

Duties- Develop, coordinate, and plan professional trainings in the areas of infant mental health, child development, children with special needs, family supportive services, cultural diversity, and other titles as defined by the needs of the training client; Research best practice models, develop original curriculum, provide training, and supervision as needed

5/02 – 8/08

Director of Early Intervention and Community Wellness
Los Angeles Child Guidance Clinic; Los Angeles, CA

Duties- Develop, implement, and supervise all services for clients zero to five and their families; This included the following clinic services: Early Intervention Day Treatment, Outpatient services for clients zero to five, co-coordinating pre-school based mental health consultation project; Actively participated in program development, ongoing training; and staff development; Supervised all aspects of program management; Developed nationally award winning infant/toddler attachment promotion program for children at risk; Worked on County recommended training standards for all 0-5 mental health providers

6/02 – 9/08

Part-time Lecturer, Master's in Counseling Program
California State University Long Beach

Duties- Teaching master's level counseling classes

including: *Group Counseling, Introduction to Clinical Interviewing, Counseling Children & Adolescents, and Field Supervision*; Developed and implemented curriculum to enhance the training and professional development of graduate students

7/96 – 5/02

Day Treatment Director

Los Angeles Child Guidance Clinic; Los Angeles, CA

Duties- Directly supervise the implementation of 3 clinic Day Treatment programs: (Non-Public School Day Treatment, Therapeutic Preschool, & After-school Day Treatment) - Program development, management of service delivery, clinical supervision (individual & group), quality assurance of service documentation, manage supervision and training schedule, budgeting, coordinating with referral agencies, staff development, hiring, and employee evaluations

PAST PROFESSIONAL ACTIVITIES

4/14 – 6/15

First 5 Contra Costa County: Reflective Practice Supervision Training – Over a two year training period, provided train in support of building proficiency among 0-5 children's support programs. Training included ongoing skill building for program supervisors and introductory sessions for department staff.

8/12 – 6-14

Shared Core Practice Model Training – Provided original curriculum regarding the implementation of the shared core practice model across the Los Angeles provider community. Training targets included, Full Service Partnership (FSP), Psychiatric Medical Response Teams (PMRT), WRAP, and Intensive Service Delivery models

10/11 – 6/13

Integrating the Core Practice Model in Reflective Supervision – Provided reflective supervision groups to intensive field based mental health provider agency and DMH navigators in support of integrating the Core Practice Model in to direct service activities in line with the Katie A compliance requirements

7/11 – 11/12

Accredited Triple P Trainer – As a consultant for Triple P America, provides training in the Evidence Based Positive

Parenting Program – Triple P

7/09 – 6/12

Training Consultant for ZERO TO THREE: Coming Together Around Military Families®

Provided training to Military staff regarding the needs of children 0 to 5 and their families within the Military culture

1/07-12/09

ZERO TO THREE National Training Institute Planning Work Group – supporting the planning and content development for the National Training Institute program

1/00-1/10

ICARE (Infancy, Childhood And Relationship Enrichment) Steering Committee Member – Los Angeles County Dept. of Mental Health: Defined service delivery standards and minimum training standards for all birth to five mental health providers within LA County

PUBLICATIONS

Stroud, B. (2015). *Intentional Living: finding the inner peace to create successful relationships*. North Charleston, South Carolina.

Stroud, B. & Morgan, M (2014). Basics of counseling in infant-parent and early childhood mental health. In K. Brandt, B. Perry, S. Seligman, & E. Tronick (Eds.), *Infant and early childhood mental health: Core concepts and clinical practice*. Arlington, VA: American Psychiatric Press, Inc.

Stroud, B. (2012). *How to Measure a Relationship: A practical approach to dyadic intervention*. North Charleston, South Carolina.

Stroud, B. (2010). Honoring diversity through a deeper reflection: Increasing cultural understanding within the reflective supervision process. *Zero to Three, 31(2)*, 46-50

SELECTED PRESENTATIONS

Holding Trauma and Staying Whole: Building Reflective Supervision Skills. Judicial Council of California: Family Law Education Program; San Diego, CA
March 25, 2015

Culturally Respectful Relationship-Based Care. Keynote Presentation-Fulfilling the Promise Conference; Wisconsin Dells, WI. February 25, 2015

Increasing Developmental Understanding to Promote Parenting. Harbor Regional Center 2015 Parent Training Series; Torrance CA. January 31, 2015

Supporting Challenging Behaviors: Understanding the child to shape positive behaviors in preschool settings. Norwalk-La Mirada Unified School District: Preschool Programs; Santa Fa Springs, CA. January 5, 2015

Culturally Sensitive Practice: Engagement without Insult. 11th Statewide Conference: Integrating Substance Use, Mental Health, and Primary Care Services in Our Communities; Los Angeles, CA. October 22, 2014

How to Measure a Relationship: A practice approach to dyadic interventions. Featured Speaker: Pennsylvania Infant Mental Health Conference; Harrisburg, PA. October 16-17, 2014

Reflective Practice Training for Headstart and Early Headstart Staff. Los Angeles Office of Education; Los Angeles CA, September 16-18, 2014.

Bringing Culture into the Reflective Practice Experience. Keynote Speaker: Wisconsin Infant and Early Childhood Mental Health Conference; Elkhart, WI. June 16-17, 2014.

Staying Whole: Trauma Informed Practices and Policy Approaches to Support Frontline Staff. UCFS Benioff Children's Hospital Oakland Early Intervention Services; Alameda, CA. June 13, 2014.

Core Practice Model: Building skills to transition staff in line with Katie A outcomes. Los Angeles County Department of Mental Health; Ongoing trainings August 2012 to June 2014

Reflective Practice: Building Relationships of Support. First 5 Contra Costa Children and Families Commission; Concord, CA. April 14 & 15, 2014

Reflective Supervision: Building Supervisory Skills. The Whole Child; Whittier CA. April 9, 2014

Profectum Foundation 2nd International Conference: Invited Panelist. Pasadena Ca. March 22, 2014

Engaging Parents & Caregivers. Los Angeles County Department of Mental Health; March 21, 2014

Cultural Sensitivity. First 5 Alameda County; March 18, 2014

How Relationships Build the Brain and Repair Trauma. Foothill Child Abuse

and Family Violence Prevention Council; Alhambra, CA. March 14, 2014

Culturally Sensitive Practice. Santa Clara County Department of Mental Health; San Jose, CA. March 7, 2014

Reflective Supervision Capacity Building: 5 session skill building model. Los Angeles Department of Mental Health; November 2013 to February 2014

Moving to a Lower Level of Care: Re-assessment, treatment planning and community linkage for intensive services clients. Los Angeles County Department of Mental Health; November 13, 2013

The Culture of Supervision: Exploring issues of Diversity within a Reflective Experience. 5th Annual Pennsylvania Infant Mental Health Conference; Philadelphia, PA. October 17-18, 2013

Engagement in Culturally Sensitive Practices. Exceptional Parents Unlimited; Fresno CA. October 1, 2013

Typical/ Atypical Development: Strategies for understanding and identifying developmental growth. Home-SAFE Vista Del Mar; Los Angeles CA. July 1, 2013

Multidisciplinary Collaboration with Systems. Santa Clara County Infant-Family Early Childhood Mental Health Certificate Training; San Jose, CA. June 11, 2013

Changing the World One Relationship at a Time. Harbor UCLA Medical Center, Department of Pediatrics, Grand Round; Torrance, CA. May 30, 2013

Best Practice in 0-5 Interventions. Los Angeles County Department of Mental Health; May 3, 2013

Brain Development and Attachment. Los Angeles County Department of Mental Health; April 5, 2013

KidsNCare Early Care and Education Mini Conference Keynote Speaker. San Bernardino County Schools; San Bernardino, CA. March 23, 2013

Creating Success in Families: Using knowledge of early brain development & attachment to create treatment success. State of Nevada: Division of Child and Family Services; Las Vegas, NV. February 20 & 21, 2013

Reflective Practice: working in support of children & families. Keynote speaker: Alaska Association of Education for Young Children; Anchorage, AK. January

30, 2013

Bringing Culture in to the Pediatric Visit. ZTT National Training Institute Medical Providers Training Day; Los Angeles, CA. November 28, 2013

Culturally Sensitive Practice: Engagement without Insult. Los Angeles County Department of Mental Health; June 22, 2012

Best Practice in Birth to Five Intervention Strategies. Los Angeles County Department of Mental Health; February 23, 2012

Impact of Trauma on Young Children. Los Angeles County Office of Education; Santa Fe Springs, CA. January 25, 2012

Reflective Supervision: A Model for Shared Learning. Westside Infant Family Network; Los Angeles, CA. September 9, 2011

Teen Mothers in Foster Care: Supporting Relationships of Nurture. Children's Law Center Infant Mental Health Training Series; Los Angeles, CA. August 17, 2011

Using Relationships of Support to Nurture the Language of Emotions. California Child Care Resource & Referral Network; Sacramento, CA. February 8, 2011

Celebrating Diversity and Honoring Difference. Detroit-Wayne County Infant Mental Health Training Program; Detroit, MI. July 20 -21, 2009

Family Engagement without Microaggressions: Culturally Sensitive Practice.: Michigan Association for Infant Mental Health Conference; Ann Arbor, MI. April 26-28, 2009

Training and Supervision of Infant Mental Health Professional. American Psychological Association 116th Annual Convention; Boston, MA. August 17, 2008

Ready for School, Ready to Learn: Exploring the Impact of Social-Emotional Cultural Development on School Readiness. 25 Years of Racial-Cultural Issues in Psychology and Education; Teacher's College Columbia University; New York, NY. February 15-16, 2008

Creating Positive Outcomes for Children. South African Association of Child and Adolescent Psychiatricians and Allied Professionals; Cape Town, South Africa. September 14, 2007

Keynote Speaker for Michigan Association for Infant Mental Health Conference; Ann Arbor MI. May 6-8, 2007: *Capacity Building: Creating Diversity within the Infant Mental Health Field*

Break-out Workshop:

- Using Science to Create Effective Treatment Models

Keynote Speaker for MAHEC (Mountain Area Health Education Center): 3rd Annual Infant Mental Health Conference; Asheville, NC. April 20, 2007: *Promoting Infant Mental Health*

Break-out Workshops include:

- Parent-Child Dyadic Therapy
- Assessment Models for Infant Mental Health

Ensuring the Effective Implementation of the CAPTA/IDEA Referral Requirements. ZERO TO THREE: National Training Institute; Albuquerque NM. December 1-3, 2006.

Making a Difference in the Lives of Young Children; Prevention Programs that work. Prevent Child Abuse America, National Conference; San Diego, CA. May 21 - 24, 2006.

Searching for Cultural Competency. ZERO TO THREE: National Training Institute; Washington DC. November 4 - 6, 2005

Reaching Out of Young Children At-Risk. African American Conference, Los Angeles County Department of Mental Health; February 26, 2004.
Barbara Stroud, Ph.D. & Leticia Lara, LCSW

Embracing Children and Families in Troubled Times. Neurons to Neighborhoods; Los Angeles, CA. May 18, 2003. Barbara Stroud, Ph.D. & Leticia Lara, LCSW