

Barbara Stroud, Ph.D.
National ZERO TO THREE Graduate Fellow
California Endorsement –IFECMH Reflective Facilitator
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EDUCATION

9/87 - 11/92

Nova University, School of Psychology;
Fort Lauderdale, Florida.
Degree: Ph.D. Clinical Psychology with a specialty in
Applied Developmental Psychology.

9/82 - 5/86

University of the Pacific;
Stockton, California.
Degree: BA Psychology and Human Development.
Graduated Magna Cum Laude

EMPLOYMENT

10/06 – Present

Infant Mental Health Training Consultant
Barbara Stroud Training and Consultation
www.drbarbarastroud.com

Duties: Design and present original training curriculum to target the needs of the contracting agencies. Provide reflective consultation to mental health service providers working with children facing multiple risk factors. Past and current contractors include: Los Angeles Dept of Mental Health, Los Angeles Office of Education, Pacific Clinics, Kedren Community Mental Health, Alameda County First 5, Santa Clara County First 5, and Children’s Law Center.

9/08 – 12/10

Community Training Manager
Child Development Institute; Woodland Hills, CA

Duties: Develop, coordinate and plan professional trainings in the areas of infant mental health, child development, children with special needs, family supportive services, cultural diversity, and other titles as defined by the needs of the training client. Research best practice models, develop original curriculum, provide training, and supervision as needed.

5/02 – 8/08

Director of Early Intervention and Community Wellness
Los Angeles Child Guidance Clinic; Los Angeles, CA

Duties: Develop, implement, and supervise all services for clients zero to five and their families. This included the following clinic services: Early Intervention Day Treatment, Outpatient services for clients zero to five, and co-coordinating pre-school based mental health consultation project. Actively participated in program development, Ongoing training and staff development, All aspects of program management. Developed nationally award winning Infant/toddler attachment promotion program for children at risk. Worked on County recommended training standards for all 0-5 mental health providers.

6/02 – 9/08

Part-time Lecturer, Master's in Counseling Program
California State University Long Beach

Duties: Teaching master's level counseling classes including: *Group Counseling, Introduction to Clinical Interviewing, Counseling Children & Adolescents, and Field Supervision*. Developed and implemented curriculum to enhance the training and professional development of graduate students.

7/96 – 5/02

Day Treatment Director
Los Angeles Child Guidance Clinic;
Los Angeles, California.

Duties: Directly supervise the implementation of 3 clinic Day Treatment programs: (Non-Public School Day Treatment, Therapeutic Preschool, & After-school Day Treatment) - Program development, management of service delivery, clinical supervision (individual & group), quality assurance of service documentation, manage supervision and training schedule, budgeting, coordinating with referral agencies, staff development, hiring, and employee evaluations.

PROFESSIONAL ACTIVITIES

7/11 – Present

Accredited Triple P Trainer – As a consultant for Triple P America, provides training in the Evidence Based Positive

Parenting Program – Triple P

4/09- Present

Faculty, University of Massachusetts Boston Infant-Parent Mental Health Post-Graduate Certificate Program: Napa, CA

7/09 – 6/12

Training Consultant for ZERO TO THREE: Coming Together Around Military Families®

Provided training to Military staff regarding the needs of children 0 to 5 and their families within the Military culture

1/07-12/09

ZERO TO THREE National Training Institute Planning Work Group – supporting the planning and content development for the National Training Institute program

1/00-1/10

ICARE (Infancy, Childhood And Relationship Enrichment) Steering Committee Member – Los Angeles County Dept. of Mental Health: Defined service delivery standards and minimum training standards for birth to five mental health providers in LA County

PUBLICATIONS

Stroud, B. & Morgan, M (in press). Basics of counseling in infant-parent and early childhood mental health. In K. Brandt, B. Perry, S. Seligman, & E. Tronick (Eds.), *Infant and early childhood mental health: Core concepts and clinical practice*. Arlington, VA: American Psychiatric Press, Inc.

Stroud, B. (2012). *How to measure a relationship*. North Charleston, South Carolina: Author.

Stroud, B. (2010). Honoring diversity through a deeper reflection: Increasing cultural understanding within the reflective supervision process. *Zero to Three, 31(2)*, 46-50

SELECTED PRESENTATIONS

Creating Success in Families: Using knowledge of early brain development & attachment to create treatment success. State of Nevada: Division of Child and Family Services; February 20 & 21, 2013

Reflective Practice: working in support of children & families. Alaska Association of Education for Young Children; January 30, 2013

Culturally Sensitive Practice: Engagement without Insult. Los Angeles County Department of Mental Health; June 22, 2012

Best Practice in Birth to Five Intervention Strategies. Los Angeles County Department of Mental Health; February 23, 2012

Impact of Trauma on Young Children. Los Angeles County Office of Education; January 25, 2012

Reflective Supervision: A Model for Shared Learning. Westside Infant Family Network; September 9, 2011

Teen Mothers in Foster Care: Supporting Relationships of Nurture. Children's Law Center Infant Mental Health Training Series; August 17, 2011

Using Relationships of Support to Nurture the Language of Emotions. California Child Care Resource & Referral Network; February 8, 2011

Celebrating Diversity and Honoring Difference. Detroit-Wayne County Infant Mental Health Training Program; July 20 -21, 2009

Family Engagement without Microaggressions: Culturally Sensitive Practice. Michigan Association for Infant Mental Health Conference; Ann Arbor, MI – April 26-28, 2009

Training and Supervision of Infant Mental Health Professional. American Psychological Association 116th Annual Convention; Boston, MA - August 17, 2008

Ready for School, Ready to Learn: Exploring the Impact of Social-Emotional Cultural Development on School Readiness. 25 Years of Racial-Cultural Issues in Psychology and Education; Teacher's College Columbia University- February 15-16, 2008

Creating Positive Outcomes for Children. South African Association of Child and Adolescent Psychiatricians and Allied Professionals; September 14, 2007

Keynote Speaker for Michigan Association for Infant Mental Health Conference: May 6-8, 2007: *Capacity Building: Creating Diversity within the Infant Mental Health Field*

Break-out Workshop:

- Using Science to Create Effective Treatment Models

Keynote Speaker for MAHEC (Mountain Area Health Education Center –

Asheville, NC) 3rd Annual Infant Mental Health Conference: April 20, 2007: "***Promoting Infant Mental Health***

Break-out Workshops include:

- Parent-Child Dyadic Therapy
- Assessment Models for Infant Mental Health

Ensuring the Effective Implementation of the CAPTA/IDEA Referral Requirements. ZERO TO THREE: National Training Institute; December 1-3, 2006.

Making a Difference in the Lives of Young Children; Prevention Programs that work. Prevent Child Abuse America, National Conference; May 21 - 24, 2006.

Searching for Cultural Competency. ZERO TO THREE: National Training Institute; November 4 - 6, 2005

Reaching Out of Young Children At-Risk. African American Conference, Department of Mental Health; February 26, 2004.
Barbara Stroud, Ph.D. & Leticia Lara, LCSW

Embracing Children and Families in Troubled Times. Neurons to Neighborhoods; May 18, 2003. Barbara Stroud, Ph.D. & Leticia Lara, LCSW